

HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19

Public Health Emergency Isolation

Order Date Order Issued: **September 9, 2021**

This Order is in effect until rescinded in writing by the Health Officer.

This updated Isolation Order amends, restates, and supersedes the previous Isolation Order issued by the Long Beach Health Officer from **June 28, 2020**. The changes to this Order are intended to align with Center for Disease Control (CDC) guidance for community-related exposure to COVID-19, which changes the criteria for discontinuing isolation. Changes are highlighted in **yellow**.

UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND
SAFETY CODE SECTIONS 101040, 101085, 120175, 120215, 120220, AND
120225 THE CITY OF LONG BEACH HEALTH OFFICER ORDERS:

I. INSTRUCTIONS

All individuals who have been diagnosed with or who are likely to have COVID-19 must isolate themselves. These persons are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

All individuals who have been diagnosed with or are likely to have COVID-19 must immediately take the following actions:

1. Isolate themselves in a residence until:
 - a. At least 10 days have passed since symptom onset; AND
 - b. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
 - c. Other symptoms have improved.

Persons infected with SARS-CoV-2 who are asymptomatic (e.g. never develop COVID-19 symptoms) may discontinue isolation and other precautions 10 days after the date of their first positive RT-PCR test for SARS-CoV-2 RNA.

Until an individual is recovered and at least 10 days has passed since symptoms first appeared, whichever is later, the isolated individual may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care.

An asymptomatic person may discontinue self-isolation if at least 10 days have passed since the date of the first positive COVID-19 diagnostic (federally approved Emergency Use Authorized molecular assay) test. If an individual develops symptoms, then the strategies for discontinuing self-isolation for symptomatic

persons (above) should be used.

2. **Carefully review and closely follow all requirements listed in the "Home Isolation Instructions for People with Coronavirus-2019 (COVID-19) Infection,"** which is available in [English](#) and [Spanish](#).
3. **Tell household contacts, intimate partner(s), their caregiver(s), and other persons who were in close contact with them 48 hours before their symptoms started or while they were symptomatic (collectively "close contacts) that they need to quarantine themselves.**
4. **Refer close contacts to the "Home Quarantine Guidance for Close Contacts to Coronavirus Disease 2019 (COVID-19)" document, which is available in [English](#) and [Spanish](#).** This document describes steps that close contacts must take to prevent spread of COVID-19. Steps described in this document are necessary because close contacts have likely been exposed to COVID-19 and, if infected, can easily spread COVID-19 to others, even if they have only mild symptoms or no symptoms.

Individuals are required to isolate themselves because they have or are likely to have COVID-19. Self-isolation is immediately required if a person meets one or more of the following factors:

- a. A positive lab test for COVID-19;
- b. Signs and symptoms that are consistent with COVID-19 within 14 days of being in close contact with a person who had or was believed to have had COVID-19; OR
- c. A physician has informed the individual that they are likely to have COVID-19.

II. PURPOSE OF THE ORDER

The purpose of this Order is to help slow the spread of COVID-19, to protect individuals at higher risk, and to protect the health care systems from a surge of cases into its emergency rooms and hospitals. COVID-19 can easily spread between people who are in close contact with one another, especially if they are not fully vaccinated.

People who are not vaccinated against COVID-19 are at the highest risk of getting infected with COVID-19. Unvaccinated older adults and unvaccinated people who have [certain medical conditions](#) are at the highest risk of severe illness from COVID-19. People with [weakened immune system](#) who are fully vaccinated might not respond as well to the vaccine so they may also be at risk for getting very sick. Fully vaccinated persons are at lowest risk of getting infected and are well protected from getting very and dying from COVID-19. A small percent of fully vaccinated person do get infected. Importantly, these post-vaccination infections usually cause only mild symptoms, if any. However, it is still possible fully vaccinated people to spread the virus to other people.

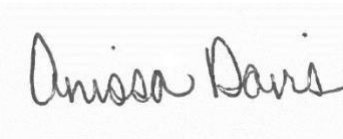
This Order is based upon scientific evidence and best practices, as currently known and available. Isolation and quarantine are recommended by the Centers for Disease Control and Prevention (CDC) and other public health experts as a proven strategy for preventing transmission of COVID-19.

III. LEGAL AUTHORITY

This Order is made under the authority of California Health and Safety Code Sections 101040, 101475, 101085, 120175, 120215, 120220, and 120225. The Health Officer may take additional action(s), which may include civil detention or requiring a person to stay a health facility or other location to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order.

Violation of this Order is a misdemeanor punishable by imprisonment, fine or both pursuant to California Health and Section Code Section 120275 et seq and Long Beach Municipal Code sections 8.120.030.A and 8.120.030.E.3. Further, pursuant to Section 41601 of the California Government Code, the Health Officer requests that the Chief of Police in the City of Long Beach ensure compliance with and enforcement of this Order. The violation of any provision of this Order constitutes an imminent threat and creates an immediate menace to public health.

IT IS SO ORDERED:



Anissa Davis, MD, DrPH,
Health Officer, City of Long Beach
Date: September 9, 2021

PROMULGATION OF EMERGENCY REGULATIONS

As Director of Civil Defense for the City of Long Beach pursuant to Long Beach Municipal Code ("LBMC") section 2.69.060.A, and in accordance with the provisions of LBMC Chapter 8.120, I am authorized to promulgate regulations for the protection of life and property as affected by the COVID-19 emergency pursuant to Government Code section 8634, and LBMC sections 2.69.070.A and 8.120.020. The following shall be in effect for the duration of the Long Beach Health Officer Order, HEALTH OFFICER ORDER FOR CONTROL OF COVID-19: Public Health Emergency Isolation Order, issued above, which is incorporated in its entirety by reference:

The Long Beach Health Officer Order, HEALTH OFFICER ORDER FOR CONTROL OF COVID-19: Public Health Emergency Isolation Order, shall be promulgated as a regulation for the protection of life and property.

Any person who, after notice, knowingly and willfully violates or refuses or neglects to conform to the above referenced lawfully issued Health Order shall be guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000), by imprisonment for a period

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not exceeding six (6) months, or by both such fine and imprisonment. (Long Beach Municipal Code sections 8.120.030.A and 8.120.030.E.3.)

IT IS SO ORDERED:

A handwritten signature in black ink, appearing to read "T.B. Modica". The signature is fluid and cursive, with a long horizontal stroke at the beginning.

Thomas B. Modica
City Manager, City of Long Beach

Date: September 9, 2021